

SCHOOL LUNCH MENU 2021-2022

1% White or Fat Free Chocolate Milk or Non-Dairy Milk Water available at all meals

Wendy



Menus Are Subject To Change

| Week of | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------|--|--|--|--|--|
| 9/27 | Hamburger on Wheat Bun French Fries Corn Mixed Greens Salad Applesauce Milk GF: burger without bun | Fajita Chicken Rice Carrots Mixed Greens Salad Peaches Milk | Pasta vith Meat Sauce Broccoli Mixed Greens Salad Mixed Fruit Milk ** GF= Gluten-free pasta | Grilled Cheese Tomato Soup Mixed Greens Salad Peaches Milk ** select from below | Egg Salad Sandwich Chicken Noodle Soup & Veggies Mixed Greens Salad Applesauce Milk GF: without bread |
| 10/4 | Hamburger on Wheat Bun French Fries Corn Mixed Greens Salad Applesauce Milk GF: burger without bun | Chicken Strips Mashed Potatoes & Gravy Wax & Green Beans Mixed Greens Salad Mandarin Oranges Milk | Macaroni & Cheese Green Beans Mixed Greens Salad Mixed Fruit Milk ** GF= Gluten-free pasta | Roast Turkey Mashed Potatoes & Gravy Peas Salad Peaches Milk | BBQ Pork on Wheat Bun Buttered Noodles Mixed Vegetables Mixed Green Salad Pears Milk GF: without bread |
| 10/11 | Hamburger on Wheat Bun French Fries Corn Mixed Greens Salad Applesauce Milk GF: burger without bun | Fajita Chicken Rice Carrots Mixed Greens Salad Peaches Milk | Pasta with Meat Sauce Broccoli Mixed Greens Salad Mixed Fruit Milk ** GF= Gluten-free pasta | Grilled Cheese Tomato Soup Mixed Greens Salad Peaches Milk ** select from below | Sloppy Joes on bun Tater Tots Mixed Vegetables Mixed Greens Salad Applesauce Milk GF: without bread |
| 10/18 | Hamburger on Wheat Bun French Fries Corn Mixed Greens Salad Applesauce Milk GF: burger without bun | Chicken Strips Mashed Potatoes & Gravy Wax & Green Beans Mixed Greens Salad Mandarin Oranges Milk | Macaroni & Cheese Green Beans Mixed Greens Salad Mixed Fruit Milk ** GF= Gluten-free pasta | Hamburger Gravy Mashed Potatoes Corn Mixed Greens Salad Pears Milk | Tuna Sandwich ✓ Veggie Soup Mixed Greens Salad Applesauce Milk GF: without bread |

Daily Option: Sunflower Butter/Jelly (100% PEANUT FREE) or Cheese Sandwich on Whole Wheat with Milk, Veggies and Fruit of the day

 \checkmark = Meal as prepared is gluten free \heartsuit = HAS GLUTEN/Modification made

** On these days, entrée not GF so staff will assist student to choose one of the following GF options:

Burger (no bun), Cheeseburger (no bun), Chicken, Hard Boiled Eggs each is served with the daily Vegetables, Fruit, & Milk